

Nirvana Dance Company - Company Members Handbook

The Nirvana Dance Company provides members with a richer experience at Nirvana Dance. Company members have first access to all the benefits of the Mentorship Program. Company members are the living breathing example of the “Lift as You Climb” value system embraced here at Nirvana Dance.

Dancers that are part of the company are those dancers with a deeper love of the dance art form. Company Members are required to take more dance classes throughout the week and have several more performance opportunities.

Membership in the Dance Company provides the opportunity to learn to become a serving leader. Throughout the year members will be involved in several service projects along with taking part in the Relay for Life that benefits Cancer survivors, and families. Dance Company members also play a key role in setting the tone for the Nirvana Dance Community. Members have first choice for our Apprenticeships which allows for an introduction into the world of teaching. Apprentices also receive special benefits from Nirvana Dance including costumes, special dances, and performance opportunities.

While all dancers in the mentorship program will have access to annual dance conferences, there are certain workshops and master classes throughout the year exclusive for Company Members.

Company Members also open the annual Spring Showcase with a special dance designed specifically for them!

With benefits comes responsibility. A strict attendance and punctuality policy is enforced for all company members. All members rely on each other, so it is vitally important that members are prepared, on time and there. Excessive lateness and absences may lead to dismissal from the Company.

Company Members are also required to take more technique classes. As the elite dancers of the Nirvana Dance studio, more work is required to reach that status. All company members are required to take 3 technique classes, Ballet, Jazz, and Contemporary or Lyrical. We highly encourage members to take more technique classes, however these are required. Company Members will also have a Company Rep class which is free of charge, but mandatory to attend. Company Rep is not every week and rehearsal times will be announced throughout the year.

Auditions for the 2010/2011 Season are on Saturday September 25th. Check the studio for times. If you cannot make the auditions, you may speak to Ms. Natasha about

membership in the Nirvana Dance Company, however auditions are greatly encouraged.

Junior Company Members ages 10-13

Senior Company Members ages 13 and up

Mandatory Class Requirements:

1 Hour Long Ballet Technique

1 Jazz Technique Class

1 Lyrical or Contemporary Class

Company Rep Class (free)

Optional Class:

Hip Hop

Tap